

Collington and Ninfield Surgeries

Newsletter January & February 2021

Welcome to our New Year Newsletter

We hope that all of our patients are taking care during these difficult times. We would like to reassure our patients that we are here as normal. If you have any health issues you need to discuss, we are here to help. Please call your usual surgery at either 8am or 2pm to book an initial telephone consultation. You will then be invited in to come into the surgery if necessary. Our nurses and HCA staff are here as normal. There is slightly less availability due to the sanitising required between patients.

We are hoping with the vaccine now being distributed, there is positive news ahead but would encourage everyone to continue following the government guidance: Hands – Face - Space
Even if you have received the vaccine, please continue to do this to help protect yourself and others.

We would also recommend to those who can, have a walk or exercise each day within the guidelines.
This not only helps physical health but mental health too.

Covid-19 Injections

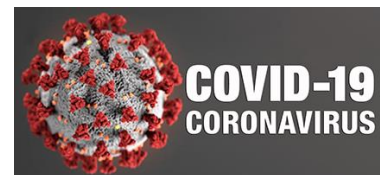
As you will have heard through the news, we are currently in the process of contacting patients in set groups, to come and have their Covid-19 vaccinations.

As a PCN, we are carrying out these vaccinations at a local hub which is currently the Turkey Road Practice in Sidley. This enables our surgeries to carry on with normal day-to-day work.

When receiving a call for the vaccination, it will display that the number has been withheld. Please can we encourage our patients to answer withheld calls at the moment, in case it is the surgery trying to make contact. We will not leave a message as there is no facility to return calls at the moment.
We will try you again.

During the early part of January, we have contacted patients who are over the age of 80. Many of these patients have had their first vaccination and will be contacted in due course for their second one.

Anyone over 80 who hasn't heard from us, is welcomed to contact their normal surgery to request an appointment.
Everyone else will be contacted in due course.



Covid-19 Symptoms

If you are suffering from any of the Covid-19 symptoms:-

- Temperature
- Persistent Cough
- Loss of smell/taste

Please do not contact or visit the surgery.
Please either phone 119 or go online at <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested>

You can book a test either by post or at the local testing centre, currently in Wainwright Road, Bexhill on Sea. You are not able to just turn up and have a test, so please either phone or use the link above to book a test.

New Premises for Collington Surgery

You may have seen in the local press that we hopefully have plans to build a new medical centre in Wainwright Road, once the Covid Testing finishes. This will provide a much larger, modern facility for our patients. These plans are very exciting and we will keep you informed of any developments as we can. The plans may well be slightly delayed due to the Covid-19 situation, but we hope to have more news for you soon.

Flu Jabs

Are still available for any patients over 50, who are eligible and wish to have them. Please contact your surgery for further information or an appointment.

Collington Surgery

As you may have heard, we had to close our Collington Surgery for a short while due to a Covid-19 outbreak. We can reassure our patients that the surgery has been deep cleaned and staff there are fully recovered and we hope that the staff that are still poorly, feel better very soon. We would thank our Ninfield Surgery for dealing with all the Collington telephone calls and queries during that time and would thank our patients for their patience if there was a slight delay with prescriptions etc.

Don't forget the Government Guidelines



When visiting either of our surgeries, you will:-

- Be asked if you have any Covid-19 symptoms
- To wear a face mask, unless medically exempt
 - To sanitise your hands
 - Have your temperature checked
- To keep to at least 2 metres away from others

PPG for both Surgeries

We would love to hear from anyone who would like to join our Patient Participation Group. We will be arranging virtual meetings in the near future.

If you would like to be included, please contact us on the details below.

Our GP Partners:

Dr David Warden
Dr Gooch Singh
Dr Debbie Gooderick
Dr Iche Mangiri

Our GPs:-

Dr Preye Mangiri
Dr Elizabeth Pronger
Dr Carman Ersek

Our Nurses and HCA Staff:-

Mrs Beverley Prangnell
Mrs Lin Barton
Mrs Tracy Zipperlen

Mrs Kim Fisher
Mrs Vicki Wishart

Collington Surgery
23 Terminus Road
Bexhill on Sea
East Sussex
TN39 3LR
Telephone: 01424 217465
General Email: esxccg.collingtonpractice@nhs.net
For Prescriptions:
esxccg.collingtonprescriptions@nhs.net

Ninfield Surgery
High Street
Ninfield
East Sussex
TN33 9JP
Telephone: 01424 892569
General Email: esxccg.ninfield@nhs.net
For Prescriptions:
esxccg.ninfieldprescriptions@nhs.net